



SANT BANI SCHOOL

COVID-19 Guidelines for the 2022-23 School Year

All Sant Bani School COVID-19 guidelines have been written with guidance from the CDC and the New Hampshire Department of Health and Human Services (DHHS). Please note that the School's COVID-19 guidelines could change during the school year if community spread levels in the region increase or if a more virulent strain develops - especially in the winter as the colder weather will result in more time spent indoors. We will promptly share any changes that occur with parents.

For the 2022-23 school year, we will continue requiring all students and staff to complete the MyMedBot form before coming to school each morning.

Any positive test result must be shared with Nurse Jamie (jamie@santbani.org) and indicated in MyMedBot.

Masking

To begin the school year, face masks are encouraged and welcomed but are optional. Per-CDC guidance, students who opt to wear masks should wear surgical-grade masks (N95, KN95, or KF94) rather than cloth masks.

Per-CDC guidelines, students and staff who are returning to school following a return from a positive COVID test must wear a mask indoors, and while in close proximity around others outdoors, through Day 10 (following notification of a positive test, Nurse Jamie will share Day 5 - final day of required isolation - and Day 10 with the family).

Families with access to at-home antigen tests should consider using them. An individual may remove their mask prior to Day 10 if they complete two sequential negative tests, taken 48-hours apart.

We highly recommend that students wear a mask if a household member tests positive for COVID-19; students who are close contacts may continue coming to school as long as they are asymptomatic (see more on our Close Contact guidelines below).

When to Remain at Home

- Following a Positive Test Result

If a student is diagnosed with COVID-19, the family should immediately notify Nurse Jamie and the student must remain at home:

- An individual who tests positive and is **symptomatic** must isolate for 5 days from the onset of their symptoms. They may return at the end of the 5-day period if symptoms have resolved and they have been fever-free for 24 hours without fever-reducing medication.
- An individual who tests positive but is **asymptomatic** must isolate for 5 days after their initial test. They can return at the conclusion of the 5-day period if they have remained asymptomatic OR if they produce two negative test results from tests taken 48-hours apart.

- If COVID-19 Symptoms Develop

Students who develop symptoms should remain home from school, and the family should both notify Nurse Jamie by phone or email AND indicate the symptoms present in MyMedBot. The student may return to school following a negative test and improvement of symptoms.

Testing

Sant Bani School cannot require students to be tested for COVID-19, but strongly recommends that students who develop symptoms are tested.

- **If the student gets tested**, they may return to school if the test is negative and they are fever-free for 24-hours without fever-reducing medication.
- **If the student presents with COVID symptoms but does NOT get tested**, they will be treated as COVID-positive and be required to quarantine for 5 days regardless of whether or not they are up-to-date on vaccinations. They may return to school at the conclusion of the 5-day quarantine if symptoms have improved and they have been fever-free for 24 hours without fever-reducing medication. Upon returning to school, they will need to follow masking procedures and mask through Day 10.

After school breaks, we suggest that students take a test before school resumes as a general precaution if they:

- Traveled to a country that is on the [CDC's high-risk list](#);
- Traveled via airplane or another high-density mode of public transportation;
- Attended a gathering in which people were indoors, without masks, in close contact for an extended period of time (more than 15 minutes).

Close Contacts

If a student is a close contact of an individual who tests positive for COVID-19, parents should monitor their child for symptoms, and we suggest taking a PCR test 5-7 days after exposure. If your child develops symptoms, please keep them home from school; as long as they are asymptomatic, they may continue coming to school.